

What the AARP!

News and Notes from AARP Michigan



Holiday Cookies Healthy Alternatives

Is your sweet tooth at war with your willpower? If so, get creative with some healthy cookie recipes.

[Find them here!](#)

But if you're still worried about holiday weight gain, you'll find some great tips with this [8-question quiz](#).

Portal Training

Please join us for a virtual Volunteer Portal Training on Wed., Dec. 14 from 3-5:00 p.m.

This is the last one for the year!
[Register today!](#)



Video of the Month Holiday Travelers Beware

If you plan to travel this month, be sure to [watch this video](#)

about current scams that could take the jolly out of your holidays. For more protection tips, visit [AARP.org/fraud](https://www.aarp.org/fraud).



'Tis the Season Gift Guides

Still looking for the perfect gift for your loved ones? Look no further! Check out these AARP 2022 holiday gift guides [for women](#) and [men](#).



Tax-Aide Volunteers Needed

AARP MI is seeking volunteers for its free Tax Aide service to help those in need with tax preparation. Volunteering requires 10 to 20 hours of training and a minimum of four hours per week from Feb. 1 to April 15. If interested, call 888-687-2277 or [click here](#).

Upcoming Events

Click the links below to register.

Dec. 7: [Learn a Latte: Holiday Gifts for Older Adults](#)

Dec. 17: [Rhythms of Life: Virtual Rhythm Circle](#)

Dec. 26: [AARP Disrupt Aging Book Club](#)

Dorothy E. Maxwell

2022 ATHENA Leadership Award Recipient

Congratulations to Dorothy Maxwell on this prestigious award. Dorothy has worked with AARP since 2012 as part of our Volunteer Advocacy Team and our Lansing Volunteer Community Outreach Team.

Read her award nomination [here](#).

Thank You Chris Holman

The 6-year term of AARP MI President Chris Holman is coming to a close, marking the end of a remarkable tenure. His legacy will live on, most notably in the Experience for Hire program that connects older job seekers with employers. Well done, Chris, and thank you. ❤️



Game of the Month MAH JONGG CANDY



Looking for a quick game? Mahjongg Candy adds a tasty twist on a tile matching game.

[Click here to play.](#)

NOTE: For game rules, hit the pause button.

DON'T FORGET

Volunteer Year-End Reminder

Be sure to file any outstanding expenses in the Volunteer Portal before the end of the year.