

What the AARP!

News and Notes from AARP Michigan

In celebration of National Family Caregivers Month, we're dedicating this issue to the estimated 1.73 million Michiganders who perform the great labor of love in caring for a family member.

Feedback wanted! To gain insights into the struggles caregivers face, we are looking for real Michigan stories. To share your experience, please [CLICK HERE](#).

View archived newsletters here:

ARCHIVE



Splitting Caregiving Costs with Siblings

Sharing the cost of parental caregiving with siblings can be stressful and tricky. To help, AARP offers 10 sensible tips for managing this difficult journey.

EXPLORE



Caring For Bruce Willis: A Caregiver's Story

Emma Willis' life changed after finding out her husband, film star Bruce Willis, has dementia. For the first time, she shares her struggles as a caregiver.

CLICK HERE



Decongestants that Don't Work

An ingredient in some of the most popular cold and flu products does not actually work! Find out which ones and the best way to relieve your stuffy nose.

LEARN MORE >



Top Sports and Recreational Discounts for Veterans

From reduced prices on golf clubs and apparel to a free visit to a PGA event, this list of discounts for veterans is golden! Check it out.

SAVE NOW



11 Financial Perks of Getting Older

Getting older has its advantages. That's because at a certain age, deals abound for everything from travel to education. Check out these 11 age-related deals.

SAVE NOW



MI Sisters and Friends Virtual Series

The 2024 election is around the corner. Join us for conversations with federal and state legislators to help elevate ballot box issues important to women.

REGISTER >



Caramel Apple Moscow Mule

Kick off the holiday season with a caramel apple Moscow mule! This drink is perfect to share with friends and family as we welcome the change in seasons.

RECIPE



Call for Holiday Recipes

This holiday season, share your favorite recipe and we'll feature it in an upcoming AARP Michigan newsletter! From savory to sweet, we want the best of the best.

SHARE >

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